

YOUR EXPERIENCE STARTS HERE



Stakeholders | Learn | Innovation | Demonstration | Experience



TotalSDI – 1 Day Workshop

Course Outline



TotalSDI – 1 Day Workshop

Duration: 1 Day

Overview & Objectives

TotalSDI provides a suite of tools that are elegant in their design, making them easy to understand and remember. There are only 20 questions in the SDI assessment, so it takes far less time to complete than many other assessments. And the simple triangle graphic, the easy-to-relate-to descriptions, and the use of primary colors provide markers that people intuitively understand and remember.

More useful. Smart is good. Sticky is good. But neither of those things matter if the content is confined to a book or workshop. The question is, can it help people in their daily interactions? And the answer is, "Absolutely!" In fact, one thing that distinguishes it from many other assessment tools is that its usefulness applies in changing situations when the stakes are high. It provides a framework for understanding motivations when things are going well and when important relationships slide into conflict. The common, friendly language helps create a safe environment for people to talk about the challenges they face with their interpersonal relationships.

What's Included in this Course

1. Course Workbook – Hard Copy or Electronic (Delivered via Microsoft OneNote)
2. TotalSDI Online Assessment
3. Have a Nice Conflict – Hard Cover Book (*as requested)



Who is this Workshop For?

This workshop is designed for:

- ⊗ Executive Management Teams
- ⊗ Consultants
- ⊗ Scrum Masters
- ⊗ Scrum Teams
- ⊗ Product Owners
- ⊗ Business Analysts



Workshop Summary



LEARN – An innovative combination of demonstration, conversation and sharing of pragmatic best practices



EXPERIENCE – An innovative approach to experiential learning where participants practically put into practice what they have learnt

EXPERIENCE 1 – Discovering our Strengths

- Introductions
- Our Team Strengths
- Too Much of a Good Thing
- Relationship Awareness Theory Introductions

EXPERIENCE 2 – What Drives Our Team

- Three Primary Motives
- Your Motivational Value System
- The SDI Triangle
- The Seven MVS Types
- Our Teams SDI Triangle
- MVS Groups
- MVS Communication Activity
- Appreciating Other's MVS
- Effective Communication

EXPERIENCE 3 – Managing Our Strengths

- Your Strengths
- Strengths Portrait Results
- Strengths Portrait in-depth
- Comparing your strengths and motives
- Understanding perceptions
- The Impact of Filters
- Strengths and Reasons
- Relating Styles
- The Art of Borrowing



- 🌐 Strengths Portrait in Action

EXPERIENCE 4 – Taking Team Conflict Head On

- 🌐 Cost of Conflict - Sample
- 🌐 Costs of Conflict - Factors
- 🌐 Cost of Conflict - Worksheet
- 🌐 How does conflict start?
- 🌐 Three motives in conflict.
- 🌐 Your conflict sequences.
- 🌐 13 conflict sequence types
- 🌐 Changing focus during conflict
- 🌐 Building blocks of Conflict Sequences
- 🌐 Our Team SDI Triangle
- 🌐 Living Triangle: Conflict
- 🌐 Living Triangle: Stage 1 Conflict
- 🌐 Living Triangle: Stage 2 Conflict
- 🌐 Living Triangle: Stage 3 Conflict
- 🌐 Effective communication during conflict

EXPERIENCE 5 – An Improved Experience Moving Forward

- 🌐 Effective Teams Understand...
- 🌐 Team SDI Triangle
- 🌐 Team Summary
- 🌐 Going Forward
- 🌐 Learner Source